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Subject: Where There's Smoke... - The Natural Path - May 2022



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Personalized Health Solutions

May 2022



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Where There's Smoke...

You know how the rest of that saying goes and 'fire' has become that four letter word that we don't even want to utter. There used to be a 'fire season' in Colorado, and many other states. Now, it seems to be a non-

Ordering Supplements



[Order Standard Process or MediHerb Supplements](#)

Free shipping when ordering over \$100 **MEDIHERB** in product.

If you are a client at The Natural Path, check out the bottom of your receipt for instructions to order using Patient Direct at a savings (in-off discounts don't apply when ordering online).



Wishing the best day to all the moms out there!

Sunday, May 8th

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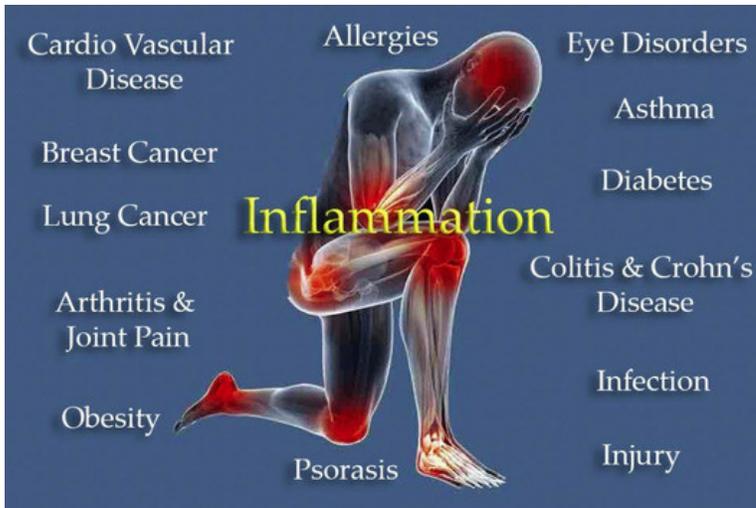
County on December 30th of last year and devastated so many homes and lives.

Unfortunately, many of us are also dealing with a fire we may not even be aware of - the fire of chronic inflammation. The body sends all kinds of smoke signals to warn us about the danger. Helping put out the fire of inflammation is our focus this month.

While inflammation can be a healthy response to your body's signals to address challenges, sometimes this inflammation goes overboard, attacking healthy tissues and creating a chronic inflammation response. The way your body reacts to inflammation is very individualized to you and depends on things like genetics, health status, diet, blood sugar regulation, hormone balance, stress and the environment.

Inflammation in the body can be acute or chronic. Acute inflammation happens immediately after tissues and cells are damaged and lasts for a short amount of time. This is a good use of inflammation in the body. Chronic inflammation lasts much longer, up to several months or even years and leads to most degenerative diseases.

This picture depicts both causes and effects of chronic inflammation.



Chronic inflammation can be caused by unresolved infections (bacteria, virus, parasites, yeast), unresolved injuries, food sensitivities, allergies, uric acid build up and even proteins, such as the Beta-amyloids associated with Alzheimer's Disease. Some of the smoke signals the body may send to warn of chronic inflammation are included in the picture above. We would add to the list anxiety, fatigue, headaches and weight gain.

You can see that putting out the fires of inflammation is paramount to good health. Unfortunately, there are many pharmaceuticals that are good at shutting down the inflammatory response in the body, but don't necessarily address the root cause. There are also unwanted side effects of many of these drugs, causing kidney, liver and gut damage.

We have a number of ways to help you get to the root cause of inflammation, as well as supplements on special that can help support you in reducing inflammation. One of our most holistic solutions to addressing the root causes of inflammation is called SHAPE.

SHAPE Program

The SHAPE Program reduces inflammation, cleanses your body and boosts your immune system. The SHAPE Drops are a key component of the program and work to balance brain



Monday, May 30th

The Natural Path will be closed for Memorial Day.

Thank you to all who have selflessly served our country!

Fire Formula

Do you ever feel lost, vulnerable, unappreciated, insecure, depleted or have muddled thinking? These emotions may indicate a need for the NET Fire formula. This formula also corresponds to physical concerns of the small intestine, heart, thyroid, adrenals, sex organs and pituitary-related conditions.



Life is full of ups and downs. Some events leave emotional scars. While we may recognize the emotions, we may not be aware of where they started. Take insecurity, for example. We may not know where our insecurity began, but we see it in our lives. It holds us back. We miss opportunities.

I can help. With Neuro Emotional Technique (NET) we connect the dots to discover where emotions like insecurity come from. Then, I help you clear them, release them so you can move ahead. I will often recommend an NET remedy, such as Fire Formula, to address both the emotional and physical ramifications of life's ups and downs.

Schedule a session today and find out if the NET Fire formula is right for you. And keep an eye out for the announcement of another life-changing, life-improving service that will complement your health journey.

Carl Malone, DNM, BD, Psychotherapist

Live Blood Analysis

Live blood analysis is another way to evaluate inflammation in the body. Increased proteins in the blood are a definite smoke signal for inflammation. Would you like to learn more about what your blood says about you?

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building immunity. The program includes a nutritional protocol to follow as well. Because inflammation and weight gain are so intricately linked, this program is a great support in losing unwanted pounds, too.

While the SHAPE Program provides the most holistic approach to inflammatory issues, you are also welcome to purchase and use the SHAPE Drops by themselves.

We are taking new SHAPE clients now and encourage you to learn more on our [website](#) and on the [SHAPE website](#). Kimberley will also provide an overview of the program in a Zoom presentation on Wednesday, May 11th at both 11am and 6pm. Please join us if you would like to learn more about SHAPE before getting started: <https://us04web.zoom.us/j/2445711756>
Meeting ID:244 571 1756
Passcode: Colorado

If you have already been a SHAPE client, consider scheduling an appointment to do a 'tune-up' before summer. You may also be interested in adding Body Lights to your visit.



SHAPE ReClaimed

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www.yournewvitality.com

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Hormone Balancing
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Reams Biological Terrain Analysis
Education & Public Speaking

Julie Formby of Your New Vitality is now offering Live Blood Analysis with recommendations. Call to schedule directly with her. She will be providing services at several locations including at The Natural Path. 970-203-9540

What can just one drop of blood tell you about your health?

Phase Contrast Live Blood Conditions
A dark field microscope was used to produce the following pictures. Phase contrast is one of the light settings that provides the best pictures.

Undigested Proteins and Vitamin and Mineral Deficiencies				
Normal Red Blood Cell	Protein Linkage	Roaches	Erythrocyte Aggregation	Poikilocytosis (the red cell damage they engage RBC's and blood cells)
Round, uniform, single	High fat, and protein content visible	High fat, and protein content	High fat, and protein content	
Small RBC's, premature RBC's	Large RBC's, premature RBC's	Small and large RBC's, due to high B12, folic acid and cobalamin	Target Cell	Hemolysis (large RBC's, lack of protein contents)

Julie Formby
CMH, NC, ID
970-203-9540
www.yournewvitality.com
julie@yournewvitality.com



Body Lights

Body Lights is a non-invasive laser-like lipo light system based on L.E.D. technology. It is used as a tool to aid in fat loss.

It is important to be eating well, exercising and drinking water to maximize results, making Body Lights a great addition to the SHAPE Program.

How does it work? The warm light from the L.E.D.s superficially penetrates the skin and stimulates fat cells. This causes pores to form on the outer shell of the fat cells. The pores allow release of the cell contents (glycerol, water, toxins and free fatty acids). Once the contents of the cell are in the interstitial space, they can be metabolized and/or excreted.



Expired Products

Did you know that even your fire extinguisher has an expiration date? If not, it is time to check to determine if it needs to be replaced.

We also find some expired products at our office from time to time. Unlike the milk you forgot about in the back of the fridge, many of the supplements we carry last long after their expiration date. To make sure we don't have anything around for too long, we sell most expired products at 1/2 off (now don't you wish lasers expired?!). You may always ask for our list of expired products and we will periodically update the list kept on our website under the 'Home' tab.

<https://thenaturalpathlive.weebly.com/expired-products.html>



Warren W.

You may remember we were in a 'funny' mood last month and appreciate everyone that played along with our April Fools humor. We had some great joke submissions for the grand prize of the \$20 supplement credit. Warren wins the prize with this supplement-inspired funny:

I was having a hard time keeping track of my wife's and my supplements in the kitchen cupboard...so I told her, "You know, I'm going to alphabetize all these supplements to get them in order."

She said, "Oh my, where on earth will you find the time?"

"Oh, that will be easy, it's next to the Sage."

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trauma. The original FDA approval for low level laser was related to addressing pain and inflammation. Ask us about how you can get your own laser for home use. **This month we even have a used laser available for sale - just \$1800.**



Carl and Kimberley Malone



Being 12 isn't all chewing bones and chasing bunny rabbits - sometimes I struggle with inflammation too. Mom and Dad give me Canine Hemp Oil to help put out the fire in my joints.



Kimberley and Carl, Phyllis and Marv Giddings and Niki (sister)

Many of you know about the journey we have been walking with Kimberley's dad as he lives with advanced Alzheimer's Disease. Alzheimer's is an example of a chronic inflammatory condition that quietly took it's toll over a long period of time.

Recently, Dad (Marv) moved to a memory care home and we have enjoyed seeing him participate in the many birthday parties, the recent Easter celebration (picture above) and even a llama day (yes, there were llamas in the house!). Ruby is pleased to know that there are even a few 'house dogs'.

However, transitions like these are never easy or without a lot of bumps in the road. We would appreciate your prayers as everyone adjusts to a very difficult diagnosis and situation.



Fire Hydrants of Many Colors

Have you ever wondered about the different colors of fire hydrants? Certain colors are meant for different types of fires.

Each color represents a different GPM or Gallons Per Minute. Higher GPMs are meant for larger fires.

Here are the 4 most popular colors, and the biggest fires they can extinguish.

- Red:** 500 GPM or less, for a 2-story house (50 ft x 50 ft x 20 ft tall)
- Orange:** 500-1,000 GPM, for a 4-story house (50 ft by 50 ft x 40 ft tall)
- Green:** 1000-1500 GPM, for a 4-story house (61 ft by 61 ft x 40 ft tall)
- Blue:** 1500 GPM or more, for a 4-story house (70 ft by 70 ft x 40 ft tall)

Some colors don't always refer to GPM. **Yellow** indicates that the water comes from a public supply system. **Violet** means the water comes from a lake or pond.

While most areas follow this color scheme, some choose to make up their own system. Either way, fire hydrants may stick out like a sore thumb but those bright colors are chosen with your safety in mind.



May Specials

SHAPE Program Package \$549

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Drats! It is stuck on the 'H' key again.

\$749

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and Tuna Omega-3 Oil

MediHerb Boswellia Complex and Turmeric Forte

NET Fire Formula

Nutri-West Pro-En-Zyme and Total FLM

SHAPE Drops

Order Standard Process and MediHerb direct
(discounts don't apply when ordering online):

<https://thenaturalpath.standardprocess.com/Products>



www.TheNaturalPathLtd.com

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970-829-1110

Monday:	9:30AM–2PM, 3PM–6PM
Tuesday:	11AM–6PM
Wednesday:	9:30AM–2PM, 3PM–6PM
Thursday:	9:30AM–6PM
Friday:	10AM–4:30
Saturday and Sunday:	Closed

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