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Subject: The Natural Path, Ltd. April 2017 Newsletter

# The Natural Path, Ltd.

## April 2017 Newsletter



### April Classes

[View Calendar](#)

#### **Nutritional Orientation Sessions**

Thursday, 6th at 12:30 pm

Tuesday, 11th at 12:30 pm

Thursday, 13th at 6:00 pm

Monday, 17th at 12:30 pm

Tuesday, 25th at 6:00 pm

Thursday, 27th at 12:30 pm

Be sure to read to the end for specials!



Digestion is one of those things that we can take for granted and not really think about if it is working well. However, when it isn't working well, we may not think about much else!

There is actually a lot to consider when determining why our digestion and gut may not be performing as well as we would like. Sometimes we may not have enough of the correct enzymes or acids to digest our food or there could be an imbalance in our gut flora that may require a supply of beneficial probiotics. It may even be time to look at the foods and medicines we consume and the types of chemicals we come into contact with on a daily basis.

If you would like to learn more, check out our Digestion and Leaky Gut Basics class. In addition, we are discounting the digestion products used in the GI Flora Balance Program. A well-functioning digestive and GI tract is important to overall health and well-being. The six-week GI Flora Balance Program is designed to:

- Support healthy digestion
- Promote healthy and balanced intestinal flora
- Support healthy elimination
- Support healthy immune system function

Learn about our approach to personalized nutrition and how to access a system survey to get started. Attendees receive their first nutritional evaluation and consult visit at **no charge** (\$150 value).

#### **Digestion and Leaky Gut Basics**

Monday, 10th at 6:30 pm

Digestion is at the root of many common health issues from headaches to fatigue. Learn more about improving your digestion and if you may be affected by leaky gut.



**Call or email to reserve your seat in any class.**

**DiGest Forte** - Contains herbs for healthy digestion. Stimulates gastric juice output and appetite, supports healthy digestion and intestinal function, and promotes healthy GI tone.



970-829-1110



**Functional Forum**  
**Wednesday, April 5th 6:00 pm**

Are you a health practitioner? Have you heard of the Functional Forum? We will be hosting a Functional Forum meet-up group at The Natural Path the first Wednesday of each month. This is a great place to network and hear some great information on topics related to holistic health. To learn more go to: [meetup.functionalforum.com](http://meetup.functionalforum.com). Pass this information on to any holistic health practitioner that may be interested in attending.



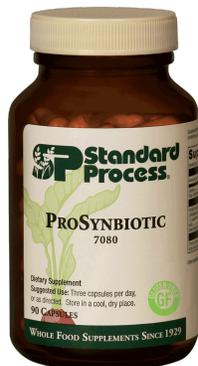
**Sunday, April 16**

**Easter**



**Gut Flora Complex** - Encourages a healthy intestinal environment and relieves mild GI upset.

**ProSynbiotic** - Contains a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health. Improves nutrient digestion and absorption.



**Sunday, April 16**

**Easter**



**Whole Food or Gastro Fiber** - Contains both soluble and insoluble fiber from nutrient-rich foods to promote regular intestinal motility and elimination. Provides food for beneficial microorganisms in the lower GI tract.

Don't settle for heartburn, gas, bloating or even worse symptoms. Make an appointment today to find out what may be at the root of your digestive issues. Office visits are very affordable.

***"Happiness for me is largely a matter of digestion."***

- Lin Yutang

***"All disease begins in the gut."***

- Hippocrates

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Enjoy spring and make sure you stop to appreciate the beauty all around!

**Carl and Kimberley Malone**



**This month we are sharing something much better than a favorite recipe!**

**In the spirit of improving digestion, there is a not-to-be-missed cooking class coming up April 22-23 in Ft. Collins, CO. Monica Corrado is a teaching chef and Certified GAPS™ Practitioner. Her teaching style is highly engaging and entertaining. If you really want to learn to cook to benefit your gut and digestion, make sure you sign up today!**

**Go here to learn more:**  
<http://bit.ly/2knSuBs>

**Enroll by midnight, Wednesday, April 5, and save!! \$430 for the whole weekend of training, books and materials!**



**If you can't make the class, be sure to check out her books on Amazon. Do your gut and digestion a big favor and learn the**



## **Body Lights Body Mass Reduction**

Body Lights is a non-invasive laser-like lipo light system based on L.E.D. technology. It is used as a tool to aid in body mass reduction.

It is important to be eating well, exercising and drinking water to maximize results. The GI Flora Balance Program combines well with Body Lights. 3+ inches of mass reduction in a series of 6-9 fifteen minute treatments can be seen. However, results will vary by individual.

The warm light from the L.E.D.s superficially penetrates the skin and stimulates fat cells. This causes pores to form on the outer shell of the fat cells. The pores allow release of the cell contents (glycerol, water, toxins and free fatty acids). Once the contents of the cell are in the interstitial space, they can be metabolized and/or excreted.



## **April Specials**

### **Body Light Spring Specials**

<b>3 sessions</b>	<b>\$225</b>
<b>4 sessions</b>	<b>\$239</b>
<b>8 sessions</b>	<b>\$399</b>
<b>12 sessions</b>	<b>\$479</b>

**Significant savings over the \$95 single session price!!**

**20% Product Discount on Country Doctor Slender with**

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<http://simplybeingwell.com>.

**10% Product Discount on  
these digestive support  
products:**

**DiGest Forte  
Gastro Fiber  
Gut Flora Complex  
ProSynbiotic  
Whole Food Fiber**

[www.TheNaturalPathLtd.com](http://www.TheNaturalPathLtd.com)

**2212 S. College Ave.  
Fort Collins, CO 80525**

**970-829-1110**

Open Monday – Thursday, 10 am – 6 pm

Friday and Saturday by Appointment

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