

Like 0

Tweet 0

Share 0

Pin it 0

0

Subscribe

Subject: Membership Has Its Benefits - The Natural Path April 2018



Expert Nutrition Advisors

Newsleaf April 2018



Be sure to read to the end for **monthly specials**.

Membership Has Its Benefits

Ah Spring.....

The grass is growing.....but it's still snowing!
Time to start sowing.....soon seedlings will be showing.
The wind is blowing.....better wait to go rowing.
Spring is here.....before long, we will be mowing!

What about joining?

The Natural Path is excited to offer our first ever Membership opportunity. We expect this will become a very popular option.

For \$75 a month, members will receive a supply of General Health Daily Fundamental Packets. These are a great way for anyone to easily maintain or improve on their health. The packets include whole-food sources of vitamins (Catalyn), minerals (Trace Min-B12) and fish oils (Tuna Omega-3 Oil); all made using some of the best quality standards we have found.



In addition to the grab-and-go packets, members will receive one Nutritional Response Test per month, to support the highest level of health, and 10% off any additional services or products. For those who haven't tried the health packets, these are wonderful for college students, travel, or even sticking in your gym bag -

April Events

View Calendar

Free Sensitivity Scans - Walk-Ins

Thursday, April 12th and 26th, 11:00 - 4:00 pm

As spring moves into full swing, many of us start noticing some sniffing & sneezing. The cotton will be flying soon and you may wonder if you have seasonal sensitivities. We will be offering free scans with our SpectraVis biofeedback device to see what environmental allergens may be affecting you. You may also choose to do a free food sensitivity scan instead. If you aren't able to attend during our walk-in times, please call to schedule a time.

Orientation - Free

Thursday, April 5th, 12:00 - 12:30 pm

Tuesday, April 10th, 12:00 - 12:30 pm

Thursday, April 12th, 6:15 - 6:45 pm

Tuesday, April 24th, 6:15 - 6:45 pm

Learn about our approach to personalized nutrition and how to access a survey to get started. Attendees receive a discount on a New Client visit Review.

Call or email to reserve your seat for any event

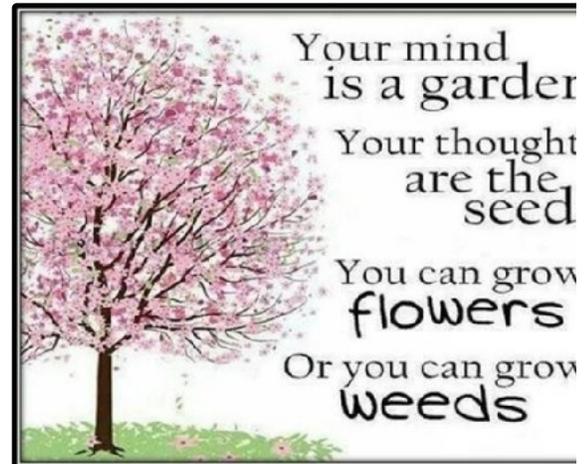
TheNaturalPathInfo@gmail.com

970-829-1110



"Listen to the whispers of symptoms, and balance, before hearing the screams of disease"

~Cilla Whatcott - Real Immunity



If you are looking for more ways to continue your health consider attending the first Northern Colorado Health Summit. Come to the beautiful, new Elizabeth Hotel in downtown



We are also focusing on seasonal sensitivities this month. Ever wonder if you are just sick or are reacting to something in the environment? Exposure to grass, pollen and mold are common triggers for people who experience seasonal sensitivities.

Seasonal sensitivities start in the immune system when a substance is identified as an invader. The immune system reacts by producing IgE antibodies. These antibodies cause cells to release histamine and other chemicals, causing a reaction.

Every person is different in the type and severity of reaction they may experience.

Come in for a free environmental sensitivity scan to see what may be bothering you. At The Natural Path, we use a computer-based biofeedback system that quickly and accurately scans the body for imbalances due to sensitivities. Biofeedback has long been used to balance the body to a variety of stressors.

After identifying what may be affecting you, several options are available. Avoidance of sensitivity-causing substances would be nice, but is not always possible. Once imbalances are identified using biofeedback, balancing frequencies may be delivered to the body. This quick and painless therapy is a great way to improve symptoms caused by sensitivities and is discounted for April.

Sometimes we may suggest a helpful supplement such as:

Allerplex: Formulated with vitamins A and C, Allerplex supports the body's ability to handle seasonal, environmental and dietary challenges. This supplement enhances the body's natural ability to manage mucus movement and supports healthy functioning of the liver, lungs and respiratory system.

Albizia: This product is a blend of herbs that can help support a normal immune system response, including normal response to occasional seasonal stresses. Albizia complex can also help maintain a normal respiratory tract and assist in maintaining healthy breathing passages to support free and clear breathing.

Antronex: Acts as a natural anti-histamine.

Sinus Forte: Supports healthy response to environmental stresses as well as healthy mucous membranes (particularly of the nose and sinus). Assists in maintaining healthy breathing passages to support free and clear breathing

We are offering discounts on all of these supplements throughout April.

We hope everyone is having a wonderful start to spring! Let us know if you would like some help navigating your seasonal sensitivities. Please also consider becoming a member of The Natural Path and investing in your health for the long term.

Carl and
Kimberley
Malone



Ruby's Corner

Learn more about the topics and purchase tickets here: <https://www.nocohealthsummit.com/>. We will be there some of our favorite tools for 'continuous course correction' summit attendees.

Ripe Olive and Artichoke Salad

We first tried this salad for Easter in 1996. We loved it! Hope you like

Ingredients

1 head Bibb or leaf lettuce, washed and dried
6 oz. jar marinated artichoke hearts, drained
5 oz. pitted ripe olives
Parmesan cheese to taste
Croutons to taste - we usually don't add these

Dressing:

juice of 1/2 lemon
1 tsp. dill weed
1/4 C. olive oil
1/4 tsp. salt
dash of pepper

4-6 Servings

Tear lettuce into bite-sized pieces. Cut artichoke hearts into quarters into halves. Add lettuce pieces. Just before serving, toss with salad. Sprinkle with Parmesan cheese.

Colorado Cache Cookbook



"My own prescription for health is less PAPERWORK and more running bare through the GRASS."

- Terri Guillemets

April Specials

Monthly Membership Now Available!!

\$75

Includes: General Health Packets and 1 Nutritional Respo

Free Sensitivity Scans
Either Environmental or Foods

Like 0

Tweet 0

Share 0

Pin it 0

0

Subscribe



\$39

Using SpectraVision Biofeedback

Sensitivity Support Supplements

10% Off

Includes: Allerplex, Albizia, Antronex and Sinus Fo



I love a good roll in the grass as much as the next dog, but, boy, does it make me itch! Thankfully mom and dad help my seasonal sensitivities with Antronex!



www.TheNaturalPathLtd.com

2212 S. College Ave.
Fort Collins, CO 80525

970-829-1110

Open Monday – Thursday, 10 am – 6 pm

Friday and Saturday by Appointment

