

Subject: Happy Birthday - We're Turning 2!! - The Natural Path - August 2018



Expert Nutrition Advisors Newsleaf August 2018



Be sure to read to the end for **monthly specials**.

Happy Birthday - We're Turning Two!

We are claiming this to be the 'Terrific Twos' and not the better known 'Terrible Twos'. Two years ago this month we officially opened The Natural Path. We so appreciate all of you who have been along for the ride. Meeting many wonderful people who share a passion for improving health naturally has been one of the best parts.

We are very blessed to be able to do the work that we love and help as many people as possible. You all feel more like family than clients. Molly found this Steve Jobs' quote, which very much sums up how we feel:

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do

August Events

[Calendar View](#)

Functional Forum - KNEW Vision Tour
Monday, August 6th, 7:00 - 9:00 pm (Boulder)

See below for more information on this event. If you are tired of paying high insurance prices and are looking for another option, this event may be of interest to you. Let us know if you would like to attend so we may provide you with free tickets.

Stem Cell Therapy - Free
Tuesday, August 14th, 6:15 - 7:15 pm

Stem Cell Therapy is quickly shifting into the mainstream. This controversial technique often raises many questions and concerns. Kimberley has recently undergone therapy on bot knees and will provide information on the therapy, as well as tips for supportive nutrition and other modalities for stem cell procedures. We highly recommend the services of Dr. Abrahamson at Integrative Sports Medicine: <https://www.integrativesportsmed.com/> If there is enough interest, we will have Dr. Abrahamson attend to help answer questions.

Orientation - Free
Thursday, August 9th, 12:00 - 12:30 pm
Thursday, August 16th, 6:15 - 6:45 pm
Tuesday, August 21st, 12:00 - 12:30 pm
Tuesday, August 28th, 6:15 - 6:45 pm

Meet the Malones and learn about our approach to personalized nutrition and how to access a system survey to get started. Attendees receive a discount on a New Client visit or Wellness Review.

Call or email to reserve your seat for any event

TheNaturalPathInfo@gmail.com

970-829-1110



KNEW Vision Tour

great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it."

Steve Jobs



This month we are introducing a number of 'new' things: Everything from new memberships, to a new recipe, to the 'KNEW' Vision Tour, new social media and even new cells (stem cells, that is).

We also have a new "office policies" document you may be asked to look at next time you are in. You can find the policy document on our website under '[Intake Forms](#)'.

New Monthly Memberships

Keeping up with your health can sometimes be expensive and time consuming. We are introducing new monthly memberships to save you a little money and hopefully give some extra encouragement to invest in yourself.

\$25 - Silver - for those needing just a little incentive:
This monthly membership fee can be used toward Nutritional Response Testing, Body Work or a Neuro Emotional Technique session. Other benefits are listed below.

\$50 - Gold - for those wanting an extra health boost:
This monthly membership fee includes 2 of the following - any combination: 20 min. Nutritional Response Testing, 20 min. Body Work session, 15 min. Neuro Emotional Technique session. Other benefits are listed below.

\$75 - Platinum - for those looking for high value with minimal time investment:
This monthly membership fee includes one Nutritional Response Test and 1 box of Daily Fundamentals Health Packets (1 month supply). This membership has been available for a while but there are new benefits listed below.

Each membership includes 10% off additional products and services along with \$25 BEMER and Body Light sessions. We expect members may also be seeing some extra bonuses from time to time.

Stop in to learn more more about terms and conditions and sign up.

There is one more special to highlight this month. Fall seasonal sensitivities may be just around the corner. Be prepared before they find you. We are offering almost 40% off our Biofeedback series with Molly this month.

We are looking forward to this next year and seeing many new faces!

Here's to the joy of 'new things',

**Carl and
Kimberley
Malone**



We would like to invite you to join us in attending a very special local health event going on this summer. The KNEW Vision Tour is being presented by James Maskell — host of the world's largest online integrative medicine conference: The Functional Forum.

The event in Boulder on Monday, August 6th will continue the KNEW Vision Tour that is going around the country, raising national awareness about functional medicine as the solution to our nation's health crisis. A new health-sharing model in the works to launch in 2018 is the focus of these events. You'll be hearing inspirational stories about a KNEW vision for American medicine from your local community.

With chronic disease rates at an all-time high, patient satisfaction at an all-time low and insurance premiums skyrocketing out of control, there has never been a better time to stand as a united front in support of a KNEW and better vision for American medicine.

If you are interested in a new model of health care, but not able to join us, please contact the office to let us know you would like to be kept in the loop as more information is made available.



"You are never too old to set a new goal or dream another dream."

~ C.S. Lewis ~



Heaven on a Plate



This recipe may sound a little bit ostentatious, but it is easier to say than 'Lamb Sliders on Greens with Goat Cheese and Pear'!

If you are anything like us, there is an ongoing struggle to get something on the table that is not only quick and easy but also healthy. This is a favorite when we are in a hurry

- Ingredients:
- 1 lb. Ground Lamb (we buy at Sprouts)
 - 2-3 C. mixed greens (we buy Power Greens at TJ's)
 - 1 pear - sliced
 - 2-3 oz. Goat cheese - sliced (we buy Goat Milk Cheddar Cheese at TJ's)



We admit it! We aren't great at keeping up with social media. But we are trying to do better moving forward. We still don't Tweet, but you can follow us on Facebook.

We will also be on Instagram beginning this month. Look for 'thenaturalpathltd'. Please be sure to click, like, friend, follow, or connect in whatever manner appropriate.



Expect to see more info on products, services and whatever else strikes our fancy!

Balsamic Vinaigrette
1/4 tsp. garlic salt
1/4 tsp. Himalayan pink salt

Add both salts to the ground lamb and combine. Form 5 small 'slider' size patties. Cook in skillet to desired 'doneness'. Put some of the sliced goat cheese on the patties to melt.

Split the greens between two plates. Place 2 cooked lam patties on each bed of greens. Surround with pear slices and remaining goat cheese slices. Drizzle all with balsamic vinaigrette.

You will have to decide what to do with the extra patty - Ruby usually helps with ours.

Serves: 2

We find this absolutely heavenly!

P.S. TJ's is Trader Joes

Stem Cell Therapy

You will likely be hearing more and more about stem cell therapy. It is being used for everything from improving joints, to helping diabetics, to re-growing hair, to helping with brain issues. As with any cutting-edge treatment, there are many questions and concerns.

When Kimberley had stem cell therapy done on both knees in June, her own adult stem cells were used. Adult stem cells are cells from your own body that can renew themselves and turn into other cells (differentiate). They live inside all of us in various tissues, poised to leap into action to repair damage as it occurs. As we age or have big injuries, we may not be able to recruit enough of these cells to the site to fully repair the area.

An informational session will be provided this month focused on nutritional support (some on special this month) and other healing modalities that may be used with stem cell therapy. If there is enough interest, we will have Dr. Brad Abrahamson from Integrative Sports Medicine join us to answer questions on stem cell therapy for orthopedic use.

There is also an online summit going on now called "The Healing Miracle - The Truth About Stem Cells". We haven't seen the summit yet, but believe it will likely provide much valuable information. You can go here to learn more: <https://www.stemcelldocuseries.com/optin/?affiliate=1502>

Please let us know soon if you are interested in learning more about stem cell therapy - we may be able to host some other Q&A sessions if not everyone can make the Tuesday, August 14th time.

Ruby's Corner



Thanks for letting me greet you with enthusiasm the past two years. I really love my job and all the extra petting is appreciated!

August Specials

Biofeedback Series - \$300

10 Sessions provided by Molly
Prepare for fall sensitivities now!

New Monthly Memberships!

\$25, \$50 and \$75

Healthy Cell Growth Supplements - 10% Off

Includes: Standard Process RNA and Protefood

*Life begins
at the end
of your comfort zone!*

www.TheNaturalPathLtd.com

2212 S. College Ave.
Fort Collins, CO 80525

970-829-1110
Monday – Thursday 9 am - 6 pm
Friday 10 am - 3 pm
Saturday - Sunday Closed



Fort Collins, Fort Collins, Colorado 80525, United States



You may [unsubscribe](#) or [change your contact details](#) at any time.

[Archive main page](#) [2018](#) [August](#) [Happy Birthday - We're Turning 2!! - The Natural Path - August 2018](#)

[< Previous](#)

This is an online snapshot of a newsletter created by the owner of info_207445 (Carl Malone, Fort Collins, 80525 Fort Collins, United States) and sent via GetResponse on 2018-08-01.

[Report abuse](#)